

The Clarion



**Claro Orienteering Club
November / December 2015
Issue 144**



John Birtwistle heading out on Day 1 of the Dales Weekend 2015

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Editorial

So, the last Clarion of 2015 is upon us with only 30-odd days until Christmas. We have two YHOA events between now and then - first at Brimham Rocks for the Yorkshire Superleague on Sun 21st and then our YHOA Night League event at Killinghall Moor on Sat 28th. Lots of people have been working hard to put these on, so please support them if you can. Brimham is always great, and if you have not tried Night O there is a beginner's course. We also have our usual Street-O events - watch out for Winter Blues dates in Jan - March shortly - as well as the second of the new Schools League, more of which on page 6. This edition also has a major article

from Mike Hind about the challenges of the Lake District Mountain Trial, including the first centre spread map since I became editor. There will be a mid season roundup of results in the next edition. Articles always welcome...

PATELEY PRATTLINGS – Our Chairman, Stan



This edition's contribution is my report from the AGM.

I think I'm right when I say that this AGM brings to a close the first 25 years in the life of Claro and I know I'm right when I say that it's been a very successful 25th year.

At last year's AGM it was suggested that we should aim to make our club orienteering a more sociable experience, a view borne out in the members' questionnaire early in the year. As a result we've tried to base our mid-week activities at a pub or at somebody's home so that we can chat afterwards over a glass or cup of something. Those mid-week events have continued to be popular and it's been good to see accompanied youngsters coming along as well as folks from neighbouring clubs. We're continuing these although this term we've deliberately moved to Tuesday nights, again in response to the questionnaire, returning to Wednesdays after Christmas and moving from the streets into

terrain after Easter. My thanks to Richard Kirk who, as Assistant Fixtures Secretary, has looked after our internal club events.

A word of explanation here. We decided very early on that the role of fixtures secretary could usefully be divided and that Graham Ramsden, appointed as Fixtures Secretary at the AGM, would look after the events at Level C and above with support elsewhere from an assistant. This has worked very well in practice and we hope to formalise that arrangement at this AGM. It has perhaps been a good year for Graham to settle in his first year as Fixtures Secretary as we've had a quieter year without the profile of CompassSport, Yvette Baker or UKOL rounds as in the previous year. All that is set to change though, as in 2016 we will again be hosting a qualifying round of the CompassSport Cup, at Timble and Askwith.

Why has it come round again so soon, you may wonder? Well the event succeeds best if rounds are balanced across the country rather than tucked away in awkward locations, we're well-located with decent terrain, made a decent fist of organising the 2014 event but above all we're not hosting a day of JK2016 in our immediate area. That doesn't mean we're absolved from JK work, indeed Chris Dicken is responsible for starts across all four days, Tim is coordinating all the SI (how many boxes ??), Vince looks after communications and publicity and I'm coordinating the non-technical equipment. And above all that, in a semi-permanent state of controlled anxiety, sits Mike Cope as regional coordinator. Please be ready when we approach you for help.

I'm very keen that the JK doesn't distract too much from the rest of the club programme since for many members the neighbourhood events are their focus. Rest assured you'll be well looked after. Speaking of local venues, I was delighted to see Hanging Moor back on the calendar. Better a very physical venue at this time of year than none at all. We're at Brimham Rocks in late November (when the undergrowth has died back, phew) but at Brimham, Guisecliff and elsewhere we're finding that Natural England are becoming a big influence on our access to venues. By way of example, National Trust invited us to help set up a permanent orienteering course at Brimham to help boost their visitor numbers. Site surveys done, proposals submitted, then a meeting with another arm of NT that accounts to Natural England. 'Oh no, we might get visitors going into those areas, that won't do!' 'Can we have removable markers?' A good idea kicked into the long bracken. Elsewhere, shooting and farming tenants need to be reassured that they won't contravene their agreements. Thankfully the refreshing of the permanent course at Valley

Gardens met no such problems and work is progressing, thanks to the team of volunteer navvies.

The Club League ran well throughout 2014/15 and worthy winners will have had their recognition earlier this evening. The 2015/16 season is three events old and again is based on events within an hour or so of Harrogate, picking up a couple of CLOK and PFO events as we go. The new points-scoring system seems to have worked well. Thanks to Allen Banister for keeping this up to date.

Our schools work this year has been in conjunction with Harrogate Schools Sports Partnership, and while Jemima and Richard have focussed on coaching and skills the partnership have run events in the schools. Claro's coaching has been linked with our Spring evening events with a variable but keen turnout. We've also been able to offer some 'improvers' coaching at our Spring evening events too and hope to continue this next year. We've been much in demand with uniformed groups too and Richard in particular has delivered a number of sessions to Guides and Scouts. We've recently agreed to offer a series of Saturday afternoon events in very accessible venues, aimed at secondary age youngsters too, following a model that proved very successful with South Yorkshire Orienteers. Mike Cope led a team which provided the Harrogate Schools Orienteering Championships at Ripley Castle. We ran publicity events at the Great Yorkshire Show and at Knaresborough Rock and Run.

We are pleased to have new social secretaries, Arthur and Christine, who will be only too willing to hear your ideas and views for the club dinner and indeed the pre-Christmas bash amongst other things. I'm pleased to say that the club picnic was a more successful and social event this year, well-attended in fine weather in Valley Gardens, even if the informal competitive element might have photo-bombed somebody's wedding celebrations.

The new website seems to have set the standard for some other clubs locally and along with the weekly e-news keeps us all well-informed. For that and for Clarion we have Vince to thank. I hope folks saw the updated signage and notices at Hanging Moor too – as well as Tim's new download tables! The old club feather flag also finally fluttered its last and needed to be replaced, taking the opportunity for an updated design.

Last year I concluded by recognising the achievements of members, whether as competitors or volunteers. I'd like to do so again but this time with the support of CompassSport magazine. Most of you will know that British Orienteering

have a competitors' ranking scheme and that anybody (or at least anybody over 16) who competes at level C or above has their results run through a programme to produce a set that ranks them against their peers, whether nationally, within the club, by age or whatever. Your best six scores count, on a rolling annual basis. Once a year CompassSport magazine ranks clubs in order of their members' average ranking score so large and small clubs are evened out. Well I'm pleased to say that Claro is now at the highest position it's held since those comparisons were made. We lie in 44th place out of 92 clubs, above some very high-profile clubs. That reflects not just the growing ability of many of our members but also the wider membership's willingness to travel to a few more events each year, getting six counting scores. The battle for top Claro has been tight, swapping around between Nathan, Edwyn and Vince, but with Adrian, Tim Evans, Ruth, Mike Hind and myself scrapping over the supporting places in the top ten. But look out; Luke is now eligible! More importantly the list shows the depth and success of the club.

May it continue for another 25 years.

Stan Appleton

Membership Update

The club currently has 108 members. Welcome to new members Jonathan Burnham (M30) and Simon Green (M40) and son Elliot (M10). We hope you enjoy your orienteering with the club and look forward to seeing you at an event soon.

For existing members, renewals are now open for 2016. If you are planning on running in JK2016 in Yorkshire (and you really should!) you might not want to leave it until January as there is often a backlog in updating the BO database and you might miss the first price window.

Don't forget that your membership also gives you lots of extra benefits, like discount for shops and services. Full details can be found on the British orienteering website at www.britishorienteering.org.uk/discount_members.

Claro Harrogate Schools Orienteering League 2015/16

You will have read in Clarion #143 about the ideas behind the new Harrogate Schools League. It is now underway, with the first event in Valley Gardens on Sat 7 Nov 15. We have worked hard to promote it, distributing flyers at the new junior ParkRun and the big schools cross country event, running an email

campaign and writing to all schools in the Harrogate area, so there was some concern that the poor weather forecast would undermine our efforts. In the end it was largely dry, although the grass in Valley Gardens was certainly well sodden, resulting in quite a few o tops with mud sprayed on the back. There was a reasonable turnout considering the forecast, and what was most pleasing was that more than half were new to orienteering. Jemima did a great job with four courses. The next one is on Sat 5 Dec 15 at Hookstone, so pass the word if you can - parents, schoolmates etc. Every little helps!

The View From an Event Less Ordinary - Mike Hind

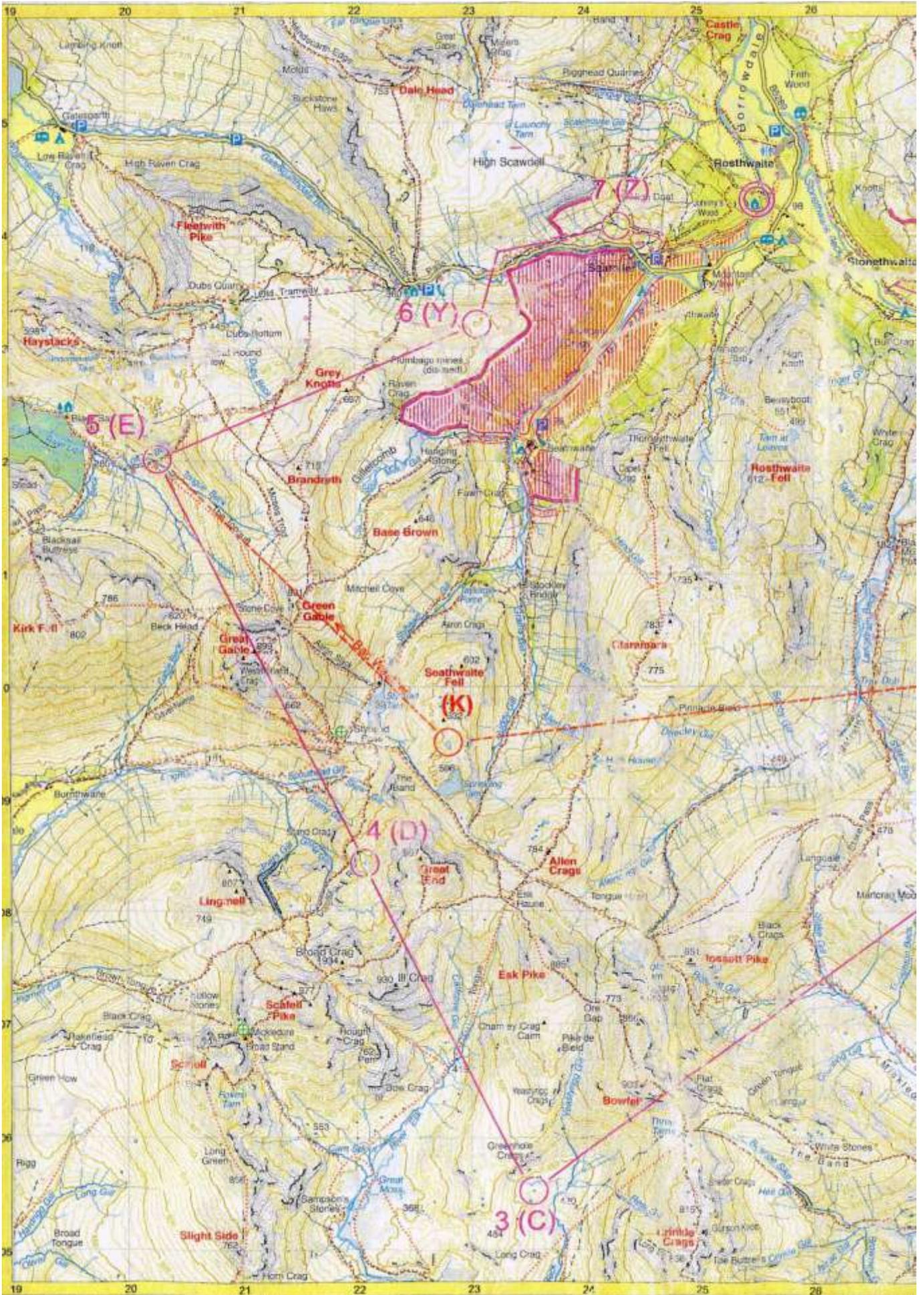
(best read with a lake district map in front of you)

The history of orienteering in England officially dates from an event held on November 24th 1963 at Whitewell in Lancashire by the club which would become SROC. That however is not entirely true because there was already an event in the world of fell running which was based on the principles of orienteering which had started in 1951. It is, of course, The Lake District Mountain Trial. The inventor was a man called Harry Chapman who as a former cyclist knew all about time trials and staggered starts and he devised a race with that format to celebrate 21 years of the YHA. Coincidentally Harry lived about a mile from the Hind ancestral home in Borrowdale and his lad Graham was in the same class as my sister at junior school. In the first few races the route was fixed but it soon (1957) became the norm for a mark up point to be up to a mile from the start at which point you were given a set of grid references for the checkpoints which you then marked onto your map.

The stories are many and some approach the status of legend such as George Brass being the only finisher and carrying one shoe in his hand at the finish on a day when even the hardest of men called it a draw. It's no easy event.

As of this year I had completed nineteen of these days out and after a very tough day out last year decided to do something to make my life easier this year – I would train!

So as August proceeds I start to rack up the miles. Weekly distances in my training diary read: 69km - “ All on the fells. This is a big week and I feel a bit fitter. 51km another good week but I'm really tired. What they don't say is that during these two weeks I've re-run the 2012 and 2013 Mountain Trial courses and done two 5 hour score events. It is a week to the Trial so a nice easy week with a mere 10km of running and lots of sleep.



THE LAKE DISTRICT MOUNTAIN TRIAL 2015



Sponsored by

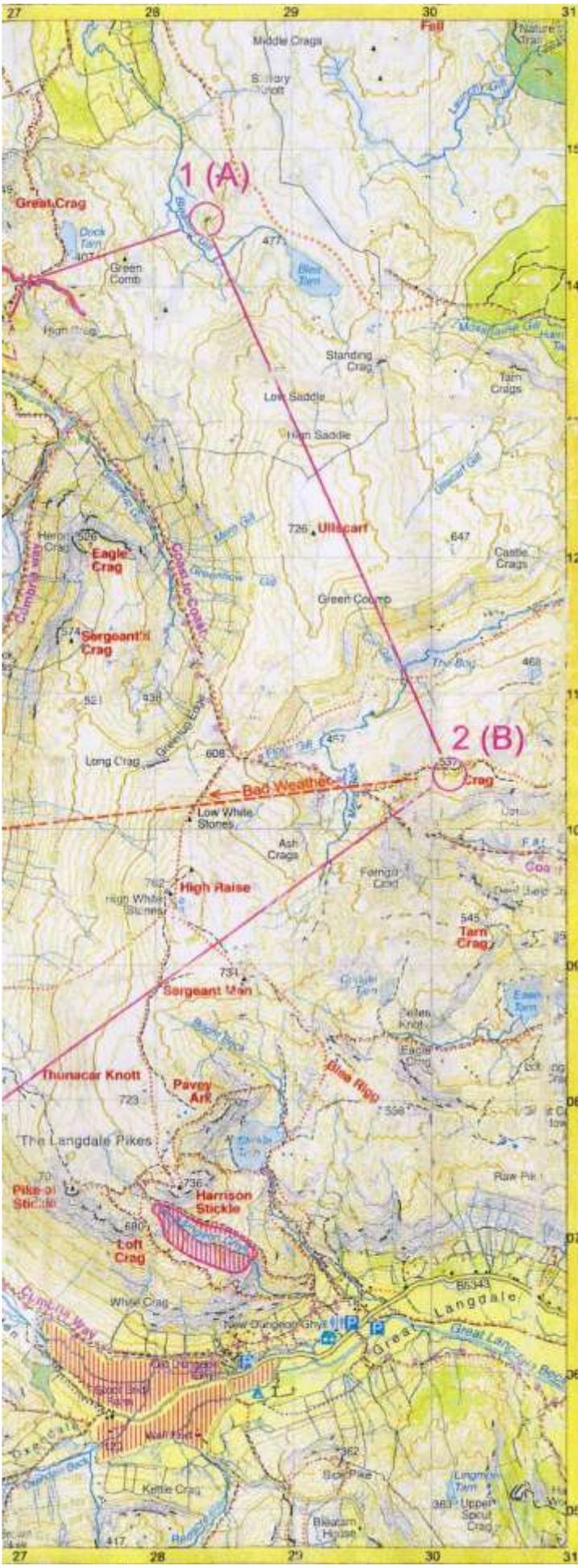
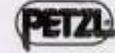


Scale 1:40,000

LA SPORTIVA

Contour Interval 15m

Magnetic north is 1.5° west of grid north in 2015



CLASSIC COURSE
18 miles (28km)
7100ft (2160m) ascent
 In Bad Weather you will be asked to omit Controls 3(C) and 4(D) and to visit Control (K) (follow)

CHECK-POINT	DESCRIPTION	Cut-off Time
Map issue	Stile	10.30
1 (A)	Crag Foot	11.00
2 (B)	Re-entrant (small valley)	12.00
3 (C)	Boulder	13.30
4 (D)	Tarp	14.20
BW (K)	Tarn	14.00
5 (E)	Seam Junction	15.30
6 (Y)	Hill	16.30
7 (Z)	Tri x Junction	16.45
FINISH	Youth Hostel	



OUT OF BOUNDS Area

Wall / Fence DO NOT CROSS

Crossing point (wall/fence)

Emergency Contact No.
017687 77257
 (Longthwaite YHA)

overprint, layout and artwork by Omap2



Map extract from HARVEY Lake District mapping © HARVEY 2015

Printed by:
 Hensell & Locking Ltd
 36 Cross Street
 Long Eaton
 Nottingham
 NG10 1HD

Comes the day and my bad back seems to be OK (which is good) it is drizzling from a leaden sky (which isn't) and the clag is down (which is excellent as the event centre is in Borrowdale so this is home turf). I arrive at Longthwaite Youth Hostel, register and pin the number (101) onto the vest. I'm ready to go, but not before a great deal of chat with friends (including Helene and Jonathan



The Start with me dibbing and Joss in the dark green looking on

Whittaker also doing Trials today) and a quick natter with Joss Naylor who, approaching 80 years of age, is only doing the Short version of an event which in his prime he won 10 times. It is raining steadily now so we agree that the waterproofs will have to go on before we start. Kit check done and standing in the start tent I set the Garmin ready to go. I'm second off this morning and I expect my little heart is going ten to the dozen. I ask where the map handout is and get told that I just have to follow the tapes. Off we go!

Initially I'm with an old friend, John Taylor, and we chat about this and that as we run out towards Stonethwaite and I point out to him the ancestral Hind home. In Stonethwaite we part as John is doing the Medium today whilst I'm on the Long (or Classic as we purists will have it). So over Stonethwaite bridge with no time to look for the spawning salmon of my childhood then follow the Dock Tarn trod (Cumbrian for path). Eventually, about 2k in, I get to the map handout which is manned by Mike Walford who has completed 42 Classic Trials and cheerfully admits that he is not sure he could get round this one. I pack my waterproof back into the rucksac (I won't need it again today) and contemplate the full horror of the day ahead.

Leg 1: to a crag next to Blea Tarn Gill. Easy nav to Dock Tarn then just N of Green Coomb and down into the gill. So far so good, but it is 55 minutes since I started and I need to speed up a bit to make sure I hit checkpoint 4 by 14.20.

Leg 2: East or West of Ullscarf? West. I've no wish to hit The Bog in Wythburn bottom and in the clag I need a solid attack point like the sharp stream bend with the sheepfold. All goes according to plan but it is rough going along the side of Ullscarf and I'm not managing to run it all. Still, I hit the control spot on after a cunning aim-off to hit the path along the ridge. As I'm leaving Allan

Miller arrives. This is good news, as I last saw Alan (a former top ten finisher) leaving control 1 about three minutes in front of me.

Leg3: this is horrendous - we are going to upper Eskdale! The famous Green Hole has been much used on previous trials and this is like a leg on the 2013 trial which I did a fortnight ago but it is an awful long way. However it is Mere Gill, Sergeant Man, Thunacar Knott, Martcrag Moor (famously known as Martcrag Moo on early OS maps), Langdale Comb and up past Black Crag to reach Angle Tarn. From there it is an easy route through Ore Gap and down Yeastyriggs Gill to the checkpoint. Easy if you say it fast. Not easy though when, unlike crows, you have to run it. I use the term “run” loosely here because although I can run the level bits and the downhills I'm pretty much walking all the uphill. During a brief stop after black Crag to do a blood check I look at the map and decide that it might have been faster to go via the top of Stake Pass and then along the path, but the sight of Andrew Schofield (who will finish third today) using my route cheers me up considerably. From now on the day will be clear and fine and my local advantage will count for little, although I still save distance by corner cutting to Ore Gap and using a very thin trod down by the gill. At the boulder Pete Nelson from my other O club (WCOC) catches me up and disappears over the horizon at some speed. Doh!



The view down Yeastyriggs Gill. The control is just out of sight down in the bottom of the valley

Leg 4: Lambfoot Dub! A lovely little tarn on the shoulder of Great End. I know too much at this point and just opt for Little Narrowcove up to the west of Broad Crag rather than the contour towards Esk Hause and over the col between Broad Crag and Great End. In part this is just stupidity but also it's because I like Little Narrowcove and it is almost a tradition to do it on the Trial (I've been up or down it about 5 times in the past). The climb to Broad Crag will be with me as long as I live. It goes on forever. Well actually only about 45 minutes but the legs are suffering now and every step seems like a real effort. Still all climbs end sooner or later and so does this one to be followed by a nice descent and contour to the checkpoint. It is touch and go whether I'll make it before the cut-off time and my Garmin is inexorably ticking off the seconds. I arrive at 14.24 but the marshals cheerfully greet me with “Hello Mike, how's it going?” I give

them a weak grin and say “ OK, I think. Only Aaron Slack and Loft Beck to go”. A cheery “Only” sends me on my way. I learn later that they have kept the checkpoint open for an extra 20 minutes - bless them.

Leg 5: Now, having done Thirlmere, Langdale, and Eskdale as well as some bits of Borrowdale we are off to Ennerdale! So it is down to the “Corridor Route” and along to Sty Head Tarn. Aaron Slack is a kind of mini action replay of Little Narrowcove. It isn't as long, but it still hurts just as much. By now the hurt is more a kind of weariness, as much mental as physical, so that, whilst the body can do this, the mental effort of just pushing on is beginning to take a toll. The descent is initially horrid, composed of rough scree which on tired legs, seems particularly awful. It cannot be that bad, however, because I get down all of it in the time it takes two walkers to do the last 30 metres. From here it is a lovely run down to the foot of Loft Beck and I even manage to run a bit of gentle climb and I'm almost back on the cut-offs. Luckily there is no marshal at the kite and I now know I won't be timed out with just one control to go. I stop for another blood check (and to strip down to the vest) and am passed by another WCOCite, Graham Watson, who asks me if I'm OK. There is genuine concern in his voice so I must look even worse than I feel. A group of traditionally built men, obviously doing the Coast to Coast, arrive and dump huge rucksacs before collapsing in a heap. They do not look happy at the prospect of climbing up Loft Beck. I know how they feel.

Leg 6: To a little knoll on the end of a spur off Grey Knotts. So along the Coast to Coast to a path bend above Honister slate mine then contour beneath the crags on Grey Knots before a weary jog along the ridge to the welcoming committee clearly visible on the knoll. This is easy to write, but I haven't been so far down into myself since this event last year, so climbing Loft Beck is done in forty steps at a time (yes, I counted them) with a little rest after each one. The final jog is just pure willpower and a certain amount of pride – I will not walk downhill. Or at any rate I won't be seen to be walking downhill. The checkpoint is manned by Mike Walford (again!) and the nicest of men, David Fenwick, who tells me later that he has photos of most of the runners but not of me. “You looked so bloody awful I didn't think you want a photo”. He wasn't kidding; he was genuinely concerned.

Leg 7: I could find my way from here in my sleep. Down the “Old Road” to control 7 and then along the taped route past the “Tracy Stand” where the old steam traction engines which took stuff up and down from Honister Quarry used to pause to get up steam. Then along behind Mountain View, home to both

Andrew Schofield and nine-times winner Billy Bland, till the last few hundred yards along by the beck and the merciful arms of the finish cheered in by Wendy Dodds.

Someone gives me a drink. I'm so wrecked that all I want to do is sit down but I have yet to download so I go and do that and get a printout which says that I'm 45th out of 45 finishers. As I wander back outside the last finisher, Brendan Bolland, trots in looking a lot better than me.

I wander off in search of my clothing which I left somewhere this morning, although it feels like days ago, and run into our planner. I thank him for a good course and he is somewhat taken aback expecting a complaint about the length, but the truth is that it was a good Trial with a really testing set of route choices and a real physical challenge which is entirely as it should be. A chance meeting with Joss who asks how it went. Somewhat ruefully I reply that "I'm getting too old for this sort of thing" the response is "Whoa telt ya that?" and I manage to get a laugh with "My legs". So then to sit and drink tea and chat with various people about routes and such like before wending off to the car park and home.

So what did I achieve? Well 35km (ish) and 2500m of ascent in 8 hours and 43 minutes seems quite a lot (even though I was plumb last by about half an hour) and of course I have now completed 20 trials. The winner went round in 4 hours and 40 minutes, but no fewer than 16 competitors either retired or were timed out. Elsewhere Helene and Jonathan have done much better than me and are probably half way back to Harrogate by now.

The next day I could barely feel any stiffness, but on the Tuesday I could barely walk. I also got an e-mail from David Rosen who is the organiser telling me that Rhys Findlay-Robinson cannot wear La Sportiva running shoes, so has donated his first prize to the last completer on the Classic – Yep that's me! I have a voucher for some new shoes. I give a very small jump for joy.

If this hasn't completely put you off then next year's Mountain Trial will, as always, be on the second Sunday in September. I'll be there going for No 21.

Event Organising - Tip of the Day

When considering your next car, don't forget that you might be an organiser one day. This was a bit too close for comfort. Roofrack, anyone?



#GETYOURKITON FOR GRASSROOTS SPORT

British Orienteering is supporting a new campaign by the Sport and Recreation Alliance to promote the values of grassroots sport and recreation. It was launched last week and is timed to coincide with negotiations for the Government Spending Review. If you want to have your say and help protect funding for your sport then go to www.getyourkiton.team to get involved.

Obituary - Jem Wilcox 1949 - 2016

(With thanks to Lindsey Hensman for much of this material)

It is with regret that we have received the news that former Claro member Jem Wilcox has lost his long battle with lymphoma and passed away on 15th September 2015.

Jem was a Claro founder member and was responsible for producing several of the early maps, including the first colour map of Hookstone Woods. Mapping was far more challenging in those days, with none of the helpful technology that we use today. He was also responsible for an alternative design for the Claro Logo competition, favouring a squirrel over the eventually successful Clarion horn. Jem was a great photographer and several of his photos adorned early Clarions. He served on the Committee almost from the start and was the club's Lift Organiser. From Oct 91 until Feb 93 he was joint Clarion editor, first with Andrew Kelly (issues 6-12) and then with Chris Shovelton (13-15).

He was always an avid mountain walker - below is an extract from Clarion #4, Summer 1991, where he was offering to lead a club trip to Austria. Ironically, this was the first Clarion to sport the now familiar logo.

AUSTRIAN ALPINE HOLIDAY

Jem. Wilcox is hoping to get together a small group for a hill-walking / mountaineering holiday in the Austrian Alps this summer. Probably in one of the Zillertal, Stubai, Otztal or Venediger groups; a hut-to-hut tour taking in some 3,000 metre peaks. Based on the 'Independent Touring' package offered by the Austrian Alpine Club; use of rope, crampons and ice-axe would be necessary. An exciting and satisfying prospect.

Jem. has great experience of the Austrian Alps having worked there for 13 summers leading groups and has climbed some eighty 3,000+m peaks (many on a number of occasions with different groups). He has also attended 'Leadership' and 'Rock and Ice Techniques' course run by the Austrian Alpine Club and was a co-author of the most popular english language hut-to-but guide book in the area. He is used to giving basic tuition to group members in the use of cranspons and ice-axe together with crevasse rescue techniques; but nothing outside the abilities of the group would be attempted.

A detailed itinerary will be drawn up by the group members after discussion prior to departure.

If interested please write to Jem. at 124 Knox Lane, Harrogate, HG1 3AS or phone on 0423 506604 as soon as possible for further details.

Subsequently he left the UK for Europe and worked as a professional hiking guide for various companies, latterly with Mountain Walks, who have posted a short tribute at www.mountainwalks.com/jem-wilcox

Events Listing

This listing shows all YHOA events currently advertised for the coming months. The website has more including separate lists for what's on locally, other events and club league events.

November	
Sun 22 Nov 15	CLARO YHOA Superleague (C) Brimham Rocks
Wed 25 Nov 15	EBOR Autumn Series (D) Malton
Sat 28 Nov 15	CLARO YHOA Night League (C) Killinghall Moor, Harrogate
December	
Tue 1 Dec 15	Claro Street-O (D), Harrogate
Sat 5 Dec 15	Harrogate Schools League, Hookstone Woods
Sun 6 Dec 15	SYO Regional Event (C) Wharnccliffe, Sheffield
Sat 12 Dec 15	HALO YHOA Night League (C) Swinemoor, Beverley
Sun 13 Dec 15	HALO Regional Event (C) Beverley Westwood
Sat 19 Dec 15	EPOC YHOA Night League (C) Norland Moor, Sowerby Bridge
Sun 20 Dec 15	EPOC Regional Event (C) Norland Moor, Sowerby Bridge
Sun 27 Dec 15	EBOR Regional Event (C) York
January	
Sat 9 Jan 16	AIRE YHOA Night League (C) Meanwood, Leeds
Sun 10 Jan 16	SYO Regional Middle Distance (C) Canklow, Rotherham
Sat 16 Jan 16	Harrogate Schools League, Killinghall Park, Jennyfields
Sat 16 Jan 16	EBOR YHOA Night League (C) York
Sun 24 Jan 16	Aire Regional Event (C) Flasby Fell, Skipton
Sun 31 Jan 16	SYO Sport Relief Regional Event (C) Brodsworth, Sheffield
February	
Sat 6 Feb 16	Harrogate Schools League, Pinewoods
Sun 7 Feb 16	EPOC Regional Event (C) Huddersfield
Sun 21 Feb 16	EBOR Regional Event (C) York
March	
Sun 13 Mar 16	CLARO CompassSport Cup Heat (B) Timble Ings, Harrogate
Fri 25 Mar 16	JK 2016 - Sprint (UKOL) (A) Leeds University
Sat 26 Mar 16	JK 2016 Individual 1 (UKOL) (A) Wass Forest, Thirsk

Sun 27 Mar 16	JK 2016 Individual 2 (UKOL) (A) Kilnsey
Mon 28 Mar 16	JK 2016 Relays (A) Storthes Hall, Huddersfield
April	
Sun 10 Apr 16	YHOA Champs and Superleague (B) Pillar Wood, Caistor
Sat 23 Apr 16	Harrogate Schools League, Conyngham Hall
Sun 24 Apr 16	EBOR Regional Event (C) York
May	
Sun 8 May 16	YHOA Middle Distance Champs & Superleague (C) Keighley
Sat 14 May 16	Harrogate Schools League, Valley Gardens
Sun 15 May 16	SYO Regional Event & YBT Heat (C) Sandall Beat, Doncaster
Sun 22 May 16	HALO YHOA Urban League (C) Hull
Sun 29 May 16	CLARO YHOA Urban League (C) Ripon
Mon 30 May 16	EBOR YHOA Urban League (C) York
June	
Sun 5 Jun 16	SYO YHOA Urban Sprint (C) Sheffield
Sat 18 Jun 16	EBOR Relays (C) York
Sun 19 Jun 16	EBOR Club Championships (C) York
Sat 25 Jun 16	Dales T&C Weekend / YHOA Urban League (B) Settle
Sun 26 Jun 16	Dales T&C Weekend / YHOA Superleague (B) Yockenthwaite
July	
Sun 3 Jul 16	EPOC YHOA Urban League (C) Huddersfield

Brimham Rocks - Sunday 21st November 2015



Come and join us for the penultimate event in the 2015 Yorkshire Superleague. There's a full range of colour coded courses and the chance to run through the ever popular ancient rock formations.

Full details on the website. It's always popular, so get there early for a good parking spot.

