

# CLARO Junior Orienteering League 2016-17

**Fun, active and challenging - For children and parents!**



**Orienteering** is a challenging outdoor adventure sport where competitors navigate a course marked on a special map, choosing the best route to complete their course in the quickest time. You can go at your own pace and it's a great way to be fit, learn map reading, decision making and develop self confidence.

These events are designed to encourage juniors, although anyone can take part. There are also lots of other events throughout the year with courses suitable for all - see our website for more details.

## League dates Venue

Sat 15 Oct 16	Valley Gardens
Sat 12 Nov 16	Pannal
Sat 21 Jan 17	Jacob Smith Park, Knaresborough
Sat 11 Feb 17	Killinghall Park, Jennyfields
Sat 18 Mar 17	Hookstone Woods
Sat 13 May 17	Valley Gardens

**Details  
overleaf**

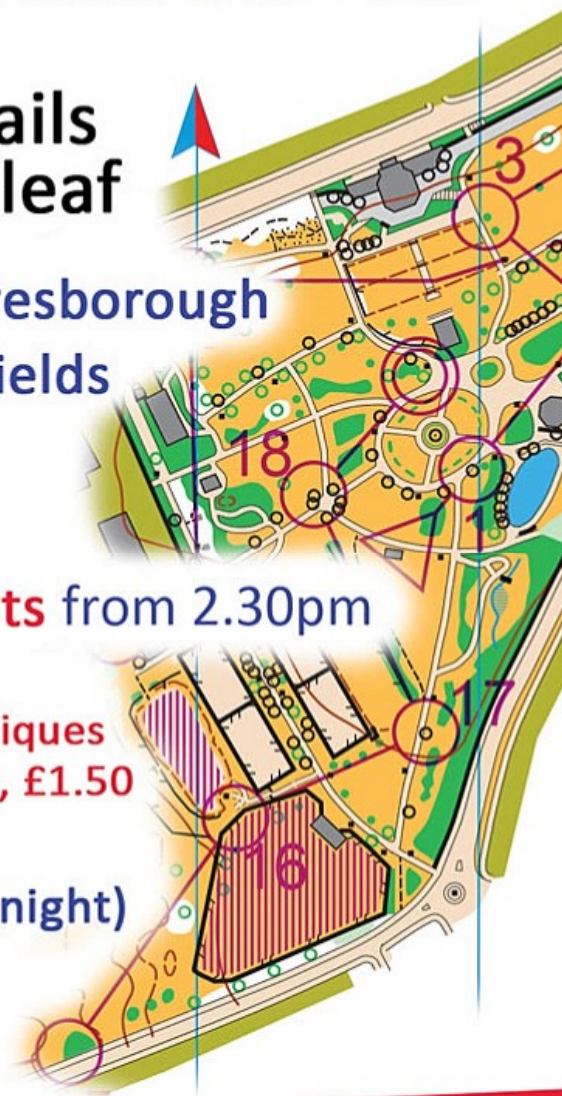
**Registration** between 2pm & 3pm, **Starts** from 2.30pm

## Getting started with Orienteering:

Coaching sessions to help with the basics & techniques  
5th & 26th Nov 16, 2pm - 3.30pm, Valley Gardens, £1.50

## Other club events

Sat 19 Nov 16	Hookstone (night)
Sun 27 Nov 16	Dob Park
Sun 26 Mar 17	Guiselcliff
Sun 28 May 17	Wetherby





# CLARO Junior Orienteering League 2016-17

## DETAILS

The 2016-17 Junior league follows on from the successful Schools League organised by Claro Orienteering Club, the orienteering club for Harrogate, Ripon and surrounding areas.

### League Format

6 events on Saturday afternoons between October and May. The League is designed for ages 8 to 16, but anyone can take part. It uses orienteering age classes, with each class covering 2 years. Everyone enters as an individual. Overall positions are calculated from their best 3 results. There will also be two school competitions, one Primary and one Secondary, counting the best 4 scores per event.

### Registration & Start Procedure

On arrival, participants will complete a registration form, get a map with the course printed on and an electronic timing chip. Competitors on each course start at 1 minute intervals. Parents or accompanying adults can talk through the course and can shadow (follow) competitors around the course, but please let competitors navigate themselves.

### Costs

Children £3. Adults £4. (Claro members £1.50 / £2) Second runs £1

### Courses

Orienteering courses are graded by colour; the table shows the course that you should enter.

### Course

White

Yellow

Orange

Long Orange

### Class

M/W 8 or younger

M/W 10

M/W 12

M/W 14+

Supported by

**Harrogate**

School Sports Partnership



### About CLARO

CLARO is the orienteering club for Harrogate, Ripon and surrounding area. We are a small, friendly club founded over 25 years ago.

Our main activities include:

- organising 5 or 6 regional events a year
- local weekday event series throughout the year
- an age-graded club league
- coaching and training events
- club teams in local, regional and national competitions
- a social programme

