

Plumpton Rocks Spring O Results for Claro League 2019

Race	Name	Class	Course	Dist (km)	Climb (m)	Time (min)	(sec)	Adjust km	Raw min/km	Distance correct	Personal Factor	TD	Final min/km	Pts
Plumpton Rocks	Matthew Rochester	M18	TD5	3.2	120	25	33	4.40	5.81	1.03	0.97	1.00	5.458	100
Plumpton Rocks	Adrian Parker	M50	TD5	3.2	120	31	41	4.40	7.20	1.03	0.87	1.00	6.122	99
Plumpton Rocks	Luke Fry	M16	TD5	3.2	120	34	10	4.40	7.77	1.03	0.91	1.00	6.856	98
Plumpton Rocks	William Hickson	M55	TD5	3.2	120	37	18	4.40	8.48	1.03	0.84	1.00	6.917	97
Plumpton Rocks	Liz Potterton	W60	TD5	3.2	120	51	52	4.40	11.79	1.03	0.64	1.00	7.383	96
Plumpton Rocks	Graham Ramsden	M55	TD5	3.2	120	40	46	4.40	9.27	1.03	0.83	1.00	7.496	95
Plumpton Rocks	Will Drewe	M35	TD5	3.2	120	35	27	4.40	8.06	1.03	0.96	1.00	7.511	94
Plumpton Rocks	Jemima Parker	W50	TD5	3.2	120	45	37	4.40	10.37	1.03	0.76	1.00	7.640	93
Plumpton Rocks	Susan Birtwistle	W60	TD5	3.2	120	55	1	4.40	12.50	1.03	0.65	1.00	7.947	92
Plumpton Rocks	Jackie Barnes	W70	TD5	3.2	120	65	34	4.40	14.90	1.03	0.55	1.00	7.961	91
Plumpton Rocks	Lois Parker	W16	TD5	3.2	120	44	15	4.40	10.06	1.03	0.83	1.00	8.138	90
Plumpton Rocks	Stephen Fry	M50	TD5	3.2	120	44	9	4.40	10.03	1.03	0.85	1.00	8.255	89
Plumpton Rocks	Allen Barnes	M75	TD5	3.2	120	57	15	4.40	13.01	1.03	0.66	1.00	8.295	88
Plumpton Rocks	Tim Evans	M55	TD5	3.2	120	52	43	4.40	11.98	1.03	0.83	1.00	9.693	87
Plumpton Rocks	Phil Robinson	M55	TD5	3.2	120	53	55	4.40	12.25	1.03	0.83	1.00	9.830	86
Plumpton Rocks	David Day	M70	TD5	3.2	120	63	44	4.40	14.48	1.03	0.72	1.00	10.179	85
Plumpton Rocks	David Gugan	M55	TD5	3.2	120	57	31	4.40	13.07	1.03	0.81	1.00	10.308	84
Plumpton Rocks	Linda Kelly	W60	TD5	3.2	120	76	32	4.40	17.39	1.03	0.65	1.00	11.055	83
Plumpton Rocks	Mark Hewson	M50	TD5	3.2	120	64	20	4.40	14.62	1.03	0.86	1.00	12.230	82
Plumpton Rocks	Katie Gray	W50	TD5	3.2	120	81	42	4.40	18.57	1.03	0.73	1.00	13.170	81
Plumpton Rocks	June Graham	W55	TD5	3.2	120	94	54	4.40	21.57	1.03	0.69	1.00	14.503	80
Plumpton Rocks	Alan Pounder	M65	TD5	3.2	120	88	39	4.40	20.15	1.03	0.77	1.00	15.061	79
Plumpton Rocks	Liz Rochester	W45	Orange	1.6	50	30	51	2.10	14.69	0.99	0.79	1.30	15.104	78
Plumpton Rocks	Toby Rochester	M14	Orange	1.6	50	30	22	2.10	14.46	0.99	0.88	1.30	16.693	77
Plumpton Rocks	Ruth Ker	W50	Official								0.75	0.00		avg
Plumpton Rocks	Tamsin Ker	W16	Official								0.83	0.00		avg
Plumpton Rocks	Quentin Harding	M55	Official								0.83	0.00		avg