

CLARO Junior Orienteering League 2019-20

Fun, active and challenging - For children and parents!



Orienteering is a challenging outdoor adventure sport where competitors navigate a course marked on a special map, choosing the best route to complete their course in the quickest time. You can go at your own pace and it's a great way to be fit, learn map reading, decision making and develop self confidence.

These events are designed to encourage juniors, although parents and novice adults can take part. There are also lots of other events throughout the year with courses suitable for all - see our website for more details.

League dates

Sat 12 Oct 19

Sat 30 Nov 19

Sat 19 Jan 20

Sat 14 Mar 20

Sat 16 May 20

Sat 20 Jun 20*

*tbc

Venue

Conyngham Hall

Hookstone Woods

Killinghall Moor CP

Jacob Smith Park

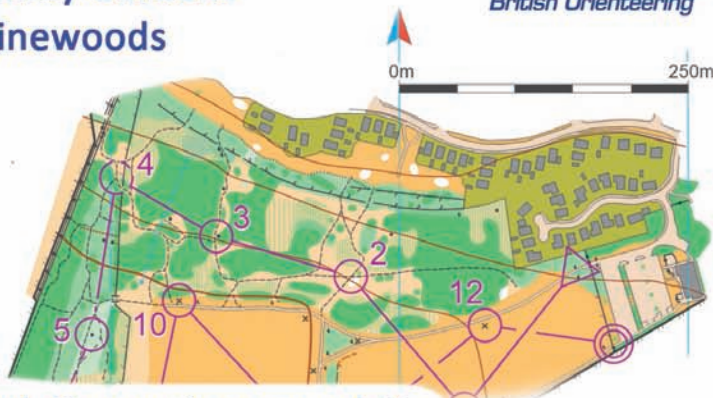
Valley Gardens

Pinewoods

Registration 2pm-3pm

Starts 2.30pm - 3.30pm

Coaching help available



Full location details and other events on our website:

www.claro-orienteing.org.uk

DETAILS

The Junior League is a successful annual series of events that has introduced many novices to this exciting adventure sport. It is organised by Claro Orienteering Club, the club for Harrogate and Ripon and surrounding area.

League Format

6 events on Saturday afternoons between October and June. The League is designed for ages 8 to 16, but anyone can take part. It uses orienteering age classes, with each class covering 2 years. Everyone enters as an individual. Overall positions are calculated from their best 3 results. You can come along and try out the sport at any of the 6 events without taking part in the League.

Registration & Start Procedure

On arrival, participants will complete a registration form, get a map with the course printed on and an electronic timing chip. Competitors on each course start at 1 minute intervals. Parents or accompanying adults can talk through the course and can shadow (follow) competitors around the course, but please let competitors navigate themselves.

Costs

Children £3. Adults £4. (Claro members £1.50 / £2) Second runs £1

Courses

Orienteering courses are graded by colour; the table shows the course that you should enter.

Course

White
Yellow
Orange
Long Orange

Class

M/W 8 or younger
M/W 10
M/W 12
M/W 14+

Supported by
Harrogate
School Sports Partnership



About CLARO

CLARO is the orienteering club for Harrogate, Ripon and surrounding area. We are a small, friendly club founded over 25 years ago.

Our main activities include:

- organising 5 or 6 regional events a year
- local weekday event series throughout the year
- an age-graded club league
- coaching and training events
- club teams in local, regional and national competitions
- a social programme

