Final Details - Harrogate 16th July 2023

These details contain information specific to this event. Please read in conjunction with the weekend final details, which contains all info common to both races.

Getting to the Event Centre

The event centre is the sports hall at Harrogate Ladies College, accessed from Duchy Road. Duchy Road is north of the town centre, west of the A61 (Ripon Road).

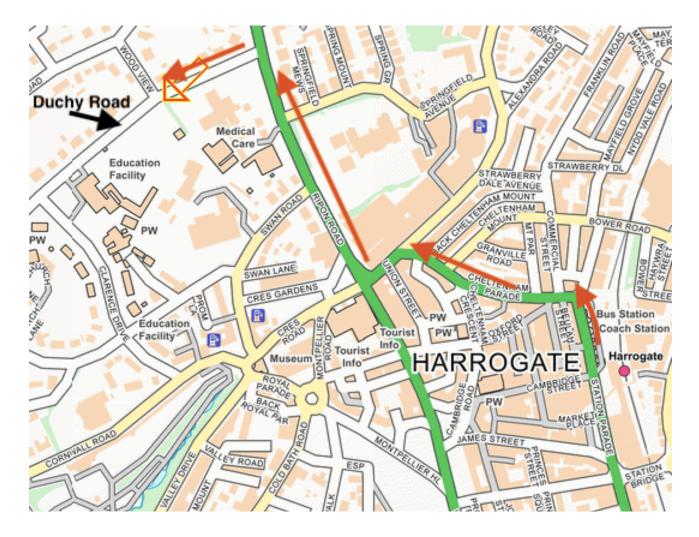
 Nat. Grid:
 SE296558

 lat, long:
 53.9973089, -1.5476544557

 what3words:
 spray.races.onions

 postcode:
 HG1 2EP

Walking from the rail or bus station follow this route:



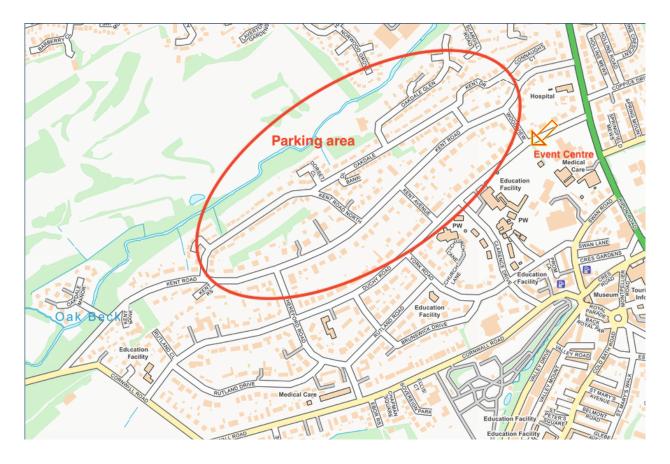
Car parking: on Duchy Road and in the area of wide streets to the north of Duchy Rd - see the map below. To reach Duchy Road:

From South on A61: Continue through the town centre, following signs for Ripon, passing the Exhibition Centre on your right; Duchy Rd is the second road on the left at the top of the hill.

From the East on A59: On reaching the Empress roundabout (surrounded by large grass area) carry straight on west (2nd exit) to the next roundabout which is the junction with the A61. Turn right and continue through the town centre, following signs for Ripon, passing the Exhibition Centre on your right; Duchy Rd is the second road on the left at the top of a hill.

From the north (Ripon) on A61: Go straight across the roundabout at the junction with the A59, straight through the traffic lights (just after Co-op service station) and take either the second (Kent Rd) or third (Duchy Rd) turn on the right at the top of a hill.

From the west (A59): At the roundabout with the A61 turn right, then straight across the traffic lights (just after Co-op service station) and take either the second (Kent Rd) or third (Duchy Rd) turn on the right at the top of a hill.



Event Centre Facilities

Please see weekend details. Specific to this event:

Toilets and showers: in the entrance to the sports hall (for accessible toilets see *Facilities for Accessible Course Competitors* below).

Food stalls: The school will have a stall selling sandwiches and cakes and hot drinks. Please support them as they have helped hugely in putting this event on. Fortunate Son Coffee van will be on the sports field selling hot drinks from 0900 - coffees, teas and hot chocolate, with decaffeinated and alternative milk options. Traders: in the sports hall or just outside. Planned to include **Compass Point** and **Up&Running**. Altra Running, who are sponsoring our prizes, will have a stall at the event. You will be able to try on their shoes, even try them out on your course, and order them only when you are sure they are right for you. There will be a full set of their Altra Lone Peaks and Altra Olympus shoes in men's and women's sizes to try on. **Dogs:** Please NO dogs in the school grounds.

Facilities for Accessible Course Competitors

Parking: Anyone taking part on the Accessible course is welcome to park in the small car park at the entrance to the school. This car park is used by some officials and users of the swimming pool, so if there is no space you can move one or two of the cones on Duchy Rd, close to the entrance, and park there.

Toilets: There is no officially accessible toilet in the sports hall though the toilets there do not have any steps and cubicles are fairly spacious. There is an accessible toilet in the main building (at 150m) - ask at Enquiries if you need this.

Start and Finish: Near Start and Finish are on the playing field by the sports hall. Far Start is about 10 minutes easy walk. All competitors must report to download even if they do not complete the course. Starts 1030-1300. Please stick to your chosen start block as times are tight. Courses close at 1430.

Race numbers, descriptions and punching: see weekend details.

Map: All maps are single sided. 1:3000 maps are A3, 1:4000 maps SRA3.

Mapper's Notes: There is not a full legend, only the features you must not cross are listed. If you wish to look these symbols up, a useful guide is available at *https://www.maprunner.co.uk/map-symbols*. The map for this event is born out of a Covid lockdown and is new to orienteering. Such is the length of its gestation that it has had several iterations to remove errors. It has been drawn using the ISSprOM 2019-2 mapping standard which was primarily developed to improve the mapping of multi-level areas. If you wish to get to grips with this you may wish to study the IOF 'Guidelines for mapping in complex urban structures' However, there is very little multi-level on the Harrogate map such that just knowing what the underpass 'teeth' mean will be sufficient.

Class and course details: straight line distances are shown. Optimum distances are between 30 and 50% further. The planner recommends you pace yourself accordingly! Courses close at 1430. All competitors must report to download even if they do not complete the course.

Class	Distance (km)	Climb (m)	Controls	Мар	Start
MO	8.3	195	32	1:4000	Far
WO	7.3	160	30	1:4000	Far
MV	7.3	175	31	1:4000	Far
WV	5.9	150	31	1:4000	Far
MSV	5.9	145	31	1:4000	Far
WSV	5.1	110	28	1:4000	Far
MUV	5.0	115	29	1:4000	Far
WUV	3.6	85	24	1:4000	Far
MHV	3.6	90	24	1:4000	Far
WHV	2.5	60	19	1:3000	Near
MGV, WGV	2.1	40	16	1:3000	Near
MJ, WJ	3.0	55	24	1:3000	Near
MYJ, WYJ	1.5	20	16	1:3000	Near
Long	5.0	100	28	1:4000	Far
Medium	3.1	65	20	1:3000	Near
Short	1.5	20	15	1:3000	Near
Accessible	1.2	25	10	1:3000	Near

Planner's Notes

Clothing: you can expect a mix of the surfaces typically found underfoot at urban events (largely hard surfaces, some grass slopes, small wooded areas and parkland). Shoes with some grip are recommended. No dobs. Vests and shorts may be worn.

Traffic: courses from the Far Start cross the A61 once, in the town centre, at an angle (ie giving options as to where you cross). The A61 is a one-way, two-lane road. There are pedestrian crossings at various points. Even if you do not use one they help by pausing the traffic so, if it seems busy, it is likely a gap in the traffic will appear soon. There are other roads on all courses except the Short and M/WYJ. We have assessed that in each case any wait to cross should be reasonably brief so please be patient rather than take risks.

Short and M/WYJ have both loose and written descriptions on their maps; loose descriptions also available in the start lane. They also have one road crossing, which will be supervised. They will do a few controls, punch at the control on road crossing, do a few controls, punch at the same road crossing control to come back and then complete the rest of their course. The crossing is not timed out. The marshal is there to ensure everyone is safe.

You have permission to enter an extensive range of **private property**. Wear your number to identify yourself and we are grateful to you for being especially courteous in these places (you will spot them!).

You are responsible for knowing the map symbols for **uncrossable things** like walls, hedges and gardens. If in doubt, there is a key on your map. It is not ok to climb an uncrossable wall because you're a good climber or to jump an uncrossable flower bed because you're a good jumper!

It turns out we have picked a **busy weekend** with various tourist events taking place. We hope that everyone in Harrogate can co-exist happily.

After Your Run

Maze orienteering will take place approx 1115 – 1415 on the playing field. This is not just for children - it has been designed to be a challenge for everyone! Courses have been planned for juniors/novices through to experienced adults, in addition to a junior and adult head-to-head race course. Maze-O is free and you can have as many goes as you like between completing your main course and prize giving. Prizes will be awarded for the fastest times on the appropriate courses fo under 10s, under 16s and open course.

Prizes and Prizegiving: see weekend details.

Contacts and Officials

Organiser: Liz Potterton (*fixtures@claro-orienteering.org.uk*) Entries: Linda Kelly (*eurocity@claro-orienteering.org.uk*) Planner: Ruth Ker Controller: Quentin Harding