

# **Northern Championships 2024**

**Kilnsey Moor South** 

Sunday 28 April 2024

(Updated 22/04/24)

# CLARO welcomes you to the Northern Championships as part of a weekend of orienteering in Yorkshire. AIRE will be hosting the British Middle Championships on Saturday 27 April 2024.

# Late change (26th Apr): waterproof hooded jackets compulsory.

# Venue

Kilnsey Moor South is on the west side of the B6160. It is about 15km north of Skipton. Parts of the area were used for the JK in 2016 and again in 2018.

### **Public Transport**

The nearest train stations are at Ilkley and Skipton. Sunday bus services run from both towns to Threshfield. Timetables can be obtained <u>here</u>. Threshfield is a reasonably flat 14 km cycle ride from Skipton on a road usually well populated with cyclists on Sundays. The quarry facilities for the event are about 2km from Threshfield via Skirethorns Lane and the quarry road.

# Parking and Travel

Please share transport as much as possible. This is for environmental reasons and because a lot of you are coming causing pressure on our car parking space.

The A59 has a long term closure at Blubberhouses. Alternative routes may be busy and/or are on narrow country roads. Please allow extra time as necessary and drive slowly.

**Parking is in Threshfield Lower Quarry at SD 977643, What3Words ///lifelong.pushy.mourner.** We will be sharing parking with some participants doing the Fellsman Hike. Most will have finished by the time our event starts. The quarry road is comfortably wide enough for two-way traffic, but please take care as Fellsman competitors will be leaving as you arrive. The quarry parking is approached from the village of Threshfield leaving the B6160 via Skirethorns Lane at SD 988638, What3Words ///ghosts.desktop.zone. The nearest postcode is BD23 5PH which should get you to Skirethorns Lane. From the B6160 junction it is about 700m along Skirethorns Lane and then a right turn for another 700m along the quarry road. There may be no orienteering signs to guide competitors in, but the Fellsman signs to the car park will be excellent so they can be used for guidance. Do **not** follow any Fellsman signs to their event centre which is at Upper Wharfedale School in Threshfield.

There is a mound of rubble all round the edge of the car park. This is to keep people away from the quarry walls for safety. Please do not go onto the rubble mound.

# Entries

Pre-entries have now closed. There is limited entry on the day (from 0900) for colour coded classes only while map stocks last. Seniors £14 (£2 surcharge for non-BO members), Juniors £6. SI cards will be available for hire - £1 Seniors and £50p Juniors. SIACs will be available for hire - £3.50 per day. Same price for Seniors and Juniors.

For any entry queries contact Entries Secretary, Ruth Ker.

# Enquiries, Download, Toilets, Traders, First Aid.

All will all be located adjacent to car parking. There will be no other toilets. Enquiries open 0900.

#### **Classes and Courses.**

Course	Tec h Diff	M Classes	W classes	Colour classes	Start	Km	Climb m	Controls	Map Scale
1	5	M21E			Far	14.7	595	29	1:15000
2	5	M21L	W21E		Far	12.2	480	25	1:15000
3	5	M18E M20E M35L M40L	W21L		Far	10.6	425	23	1:15000
4	5	M45L M50L			Far	9.5	340	19	1:10000
5	5	M20L	W18E W20E W35L		Far	8.6	320	19	1:15000
6	5	M55L M60L M21S	W40L		Far	8.2	285	19	1:10000
7	5	M16A M18L M35S M40S	W45L W50L		Far	7.3	255	19	1:10000
8	5	M65L M45S	W55L W20L W21S		Far	6.9	225	17	1:10000
9	5	M70L M20S M50S M55S	W16A W60L W18L W35S		Far	5.8	210	16	1:10000
10	5	M75L M18S M60S	W65L W40S W45S		Far	5.2	165	14	1:10000
11	5	M80 M65S	W70L W20S W50S W55S		Far	4.6	130	13	1:10000
12	5	M70S M75S	W75 W18S W60S		Far	3.7	100	12	1:10000
13	5	M85	W80 W65S W70S		Far	3.5	70	10	1:10000
14	5	M90	W85 W90		Far	2.3	35	9	1:10000
15	4	M14A M16B		Light Green	Far	5.4	190	19	1:10000
16	4		W14A W16B		Far	4.5	120	15	1:10000
17	3	M12A M14B	W12A W14B	Orange	Far	3.7	95	14	1:10000
18	2	M10A M12B	W10A W12B	Yellow	Near	2.6	80	17	1:5000
19	1	M10B	W10B	White	Near	1.9	60	21	1:5000

#### **Electronic Punching**

Controls will be enabled for contactless punching with SIACs or punching with a standard SI card. The punching Start and Finish will not be in contactless mode and need to be punched by all competitors. A SIAC BATTERY CHECK control box will be located near to Enquiries. This is to test that the battery level of the SIAC dibber is sufficient for the event. A "SIAC ON/TEST" control box will be available in the start lane. This will ensure the SIAC is in contactless mode. It is the competitor's responsibility to ensure that their Sicard/SIAC has registered at every control.

#### Starts

There will be two starts. Courses 1-17 will go to the **Far Start**, an easy 1.8 km walk with 90m of climb through the Upper Threshfield Quarry to the moor. Competitors should leave the car park 40 minutes before their start time to allow for a steady walk and the time spent in the start lanes.

Courses 18-19 will use the **Near Start**, 250m from enquiries/download. These courses will not go up onto the higher moor.

There is a gate just before the **Far Start**. Because of limited space beyond it, competitors should only go through this gate 7 minutes before their start time. The CLEAR SI box and any last minute safety instructions will be in the area immediately after the gate. Competitors are expected to read any safety instructions – they will not be read out by helpers. There is plenty of room for warming up before the gate, but do **NOT** go near the quarry edge.

At the **Far Start** call up will be 4 minutes before start time. Control descriptions, SI CHECK, SIAC CHECK, blank maps and any final safety instructions will be in the start lanes. With three different map layouts, there

will be 3 start lanes clearly labelled with course numbers. Courses 1 to 7 will be on the left and courses 8 to 17 will be on the right.

The Near Start will have similar, but simpler set up.

It will not be possible to have a clothing dump and clothing transfer to the finish. Competitors should be prepared to carry a hooded waterproof jacket, hat and gloves which are likely to be compulsory in such an exposed area.

#### Start Times and Seeding

Starts will be 1030-1300. Start times have been allocated and seeding done to be consistent with Area Championship rules. Some helpers will start earlier than 1030 and maybe later than 1300.

#### Мар

Map scale 1:15000 or 1:10000 with a 5m contour interval. 1:5000 for courses 18-19. Updating for the event has been done by Tony Thornley.

#### **Control Descriptions**

Printed on the map and available loose in start lanes. Pictorial for courses 1-17 and text for courses 18-19.

#### Finish

The same for all courses, an easy 1 km walk from Enquiries/Download through a residential park. Please respect residents, avoid too much noise and be careful of traffic.

There will be no water at the finish except for emergencies. Competitors returning to download will pass a café. If the café is used, please ensure that you get to download within an hour of finishing or by 1445 if you expect to be a prizewinner. Obviously you will have to carry cash or a card.

Courses will close at 1530 and all competitors are expected to get to download before 1550.

#### Terrain

Kilnsey is classic limestone terrain overlooking Wharfedale. Most of the competition area lies between 300m and 450m above sea level. Mastiles Lane, an ancient drove road that links Wharfedale to Airedale runs through the area. Sheep and cattle graze the area so there is plenty of fast runnable terrain.

Contour detail throughout the area is highly varied and includes several intricate areas, other areas with more vague, but no less interesting topography, a diverse collection of depressions, gullies, and other natural and manmade rock and contour features, as well as some areas with few features that could test compass skills if cloud descends.

Vehicle, animal and human paths and tracks appear and disappear regularly. The majority have not been mapped.

#### **Crossing points**

Field boundaries are fences and drystone walls that can be up to 3m high. The walls are prone to collapse if climbed. If marked by a broad purple line, boundaries **MUST** only be crossed at marked crossing points, indicated on the map by the usual purple crossing point symbol. There is one crossing point, affecting courses 1 to 5, where the broad purple boundary line has not been broken; this will be noted on the blank maps in the start lanes. Course lines are diverted to pass through crossing points where there is no viable choice. Where there is a choice, course lines are broken either side of the boundary, and competitors can select which crossing point to use.

Courses 18 and 19 will have no crossing points.

#### Courses 8-17 will have one crossing point.

For courses 8-11 this will be a step stile over a fence followed immediately by crossing a rough broken wall. Using the crossing will need great care. Courses 13-17 will have a gate instead which must be opened and closed by competitors. It must not be left open as there may be sheep on either side of it. Course 12 could choose the gate or the step stile and broken wall.

Courses 1-7 will also use the step stile and broken wall described above towards the end of their courses. In addition courses 1-7 will have other places where the marked crossing points **MUST** be used. These may be high stiles over high walls, gates and fences with stiles or step overs, and possibly a 'crawl through' – watch your head! Gates should be left as they are found – either open or closed. The ladder stiles are not designed for jumping onto – please take care.

#### Animals

Sheep will be in the area and where indicated by notices, gates must be closed after going through them.

Cows will be moved from the orienteering areas before the event. They will be in adjacent fields. The cows are curious, but fairly docile and should not cause any problems. Orienteers should be sensible and take care if they end up near them.

#### **Safety Directions**

In emergency, all on courses 8-17 and others near the start or end of their courses should go east or south until a big wall is encountered. Follow the east/west wall east or the north/south wall south. You will end up at the start or at one of the crossing points down into the field where courses go roughly south east to the finish. There will be a First Aid kit at the start until about 1315 for self-administered First Aid. There will be First Aiders at the Finish.

Once they have crossed a first step stile over a fence, in emergency competitors on courses 1-7 can follow the fence or Mastiles Lane (obvious when crossed) roughly north eastwards to get to the drinks point. There will be a helper there until about 1415 with a mobile phone and a First Aid kit for self-administered First Aid.

#### **Drinks Point**

As required by the rules, water will be provided for those on courses 1 and 2. Courses 3,4 and 5 also pass near the drinks point and those competitors may use it.

#### Safety and Environmental Concerns

A comprehensive risk assessment has been carried out by the organiser, but competitors take part at their own risk and are responsible for their own safety. Competitors who are unwell should not run. Competitors should enter courses appropriate for their experience and ability – there are S/B courses and colour coded courses available. All competitors who start must report to download even if they retire. Any medical conditions that the organiser and First Aiders should know about in an emergency, must be made known to the organiser before the event, or a form can be filled in at Enquiries. These details will only be used for the purposes of this event and can be collected or will otherwise be deleted/destroyed afterwards.

Quarries are potentially dangerous if competitors go near the quarry sides, rocks or water. There is no need to stray from the designated area. Tempting as it might be, children must not go near the quarry sides, rubble mounds, rocks or water. There are the same dangers on the way to the Far start if competitors stray from the designated route – deep water, steep slopes, crags, rocks. Children should be warned and supervised.

The area rises to 450m and is very exposed. Competitors should dress appropriately especially if there is a poor weather forecast. **Hooded waterproof jackets, gloves and warm hats are likely to be compulsory.** (Late change: Hooded waterproof jackets WILL be compulsory). Signs will be posted at the beginning of the routes to the starts if this is the case. Whistles and full leg cover are compulsory.

Animals graze in all the area even if they are not there on the day. Please sanitise or wash your hands when you finish and before eating food. There will be sanitiser at the Finish and at Download.

Professional First Aiders will be at the Finish and at Enquiries/Download.

The ladder stiles for crossing walls are strong, but have to be lightweight to be carried. Take care when using them and avoid jumping onto them or pulling on them. Please be considerate of other users.

Much of the area is an SSSI. Running across the limestone pavement should be avoided for safety and environmental reasons and courses have been planned to take account of this. In wet weather limestone can be very slippery, and the grikes (gaps in the pavement) can also be very deep. In addition, there are extensive networks of rabbit burrows where care must be taken.

Please avoid disturbing breeding birds, running through very wet areas and trampling on wild flowers.

The nearest hospital is Airedale General Hospital, Steeton, Keighley, BD20 6TD

#### Insurance

Please note that if you are not a member of a club affiliated to British Orienteering then you are not covered by our public liability insurance unless you are a newcomer to orienteering, in which case you are covered for three registered events without joining.

#### Prizes, Mementos, Trophies

To be eligible for any prize, competitors must be British Orienteering members of a YHOA, NEOA or NWOA affiliated open, school or university club, and entered under the appropriate club.

Prizegiving for the Northern Championships will be at 1500 or as soon as possible after that. There are trophies and/or prizes/mementos for the top 3 in the premier class in each age class, men and women, as well as rewards for the top 3 in M/W10-16 B classes. In addition, Str8 compasses are sponsoring prizes/vouchers for the top 3 in all classes (Elite, A, B, L, S), and we are very grateful for their generosity.



#### Traders

Podium Catering will be at the event selling food and drink. There will be a Yorksire Dales Ice Cream van present. CompassPoint, Str8 compasses and Yorkshire Runner will be at the event selling equipment.

Away from the car park/enquiries/download area, there is a café and a pub in Long Ashes Caravan Park, a café and a shop at Kilnsey Park Trout Farm and a well-stocked reasonably priced Spar shop and garage which you will pass in Threshfield.

#### Dogs

Dogs are not allowed on courses or in the competition area. They can be exercised on leads in the quarry and all dog mess must be collected and taken away.

#### Results

As there is a limited signal in the quarry, results may have to be pasted for display in the old-fashioned way.. Full results will be posted as soon as possible on the club website at <u>www.claro-orienteering.org.uk</u>

#### **Complaints and Protests**

It is hoped that there will be no complaints. However, if you are not happy about something, please discuss your concerns with the day's Planner, Controller or Organiser (via Enquiries), dependent on the problem.

If this does not resolve the issue then a complaint in writing should be registered with the Organiser via Enquiries. Normally a complaint about a course should be made within 45 minutes of a competitor finishing the course. If the complainant is not satisfied with the Organiser's response, a protest should be made, in writing, again at Enquiries. This will be considered by the Event Jury. A protest must be made within 10 minutes of receiving an organiser response to a complaint. The event jury's decision is final.

#### Photography

In accordance with the British Orienteering Policy Safeguarding Children and Vulnerable Adults, the organiser of this event requires that any person wishing to engage in any video, zoom or close range

photography should register their details with the organiser before carrying out any such photography. The organiser reserves the right to decline permission to any person unable to meet or abide by the organiser's conditions.

#### Cancellation

In the unlikely event of cancellation, information will be posted on the CLARO website and competitors will receive an email. Fabian4 cancellation and refund policies will apply.

#### **Event Officials**

Organiser: Mike Cope Email <u>mike.cope1800@gmail.com</u> Tel 07900 675706 Planners: Graham Ramsden and Vicky Bailey Controller: Mike Edwards

#### Thanks

Many people have helped to make this event happen and all competitors should be grateful to them. Key people to thank are

Landowners and farmers Nick, Jonny, Chris and Anthony and gamekeeper Jim. Farmer Ian was helpful to us. Sadly he passed away about a month ago and our sympathies go to his wife Ruth and his family. Helen from Natural England Charlotte, Rob and other staff at Long Ashes Caravan Park Roger from Threshfield Quarry Trust Jez from Tarmac Jonny – the Fellsman organiser AIRE members for letting us use the area and the map All the helpers from CLARO and those from each of AIRE, HALO, NATO, EBOR and SHUOC.