

SES Conyngham Hall Results for Claro League 2025

Race	Name	Class	J/A	Course	Dist (km)	Climb (m)	Time (min)	(sec)	Adjust km	Raw min/km	Distance correct	Personal Factor	TD	Final min/km	Pts	Capped Points
SES Conyngham	Luke Fry	M21	A	Experienced	3.3	65	19	8	3.95	4.84	1.02	1.00	1.00	4.721	100	100
SES Conyngham	Sean Molloy	M55	A	Experienced	3.3	65	24	43	3.95	6.26	1.02	0.84	1.00	5.140	99	99
SES Conyngham	Stephen Fry	M60	A	Experienced	3.3	65	28	1	3.95	7.09	1.02	0.80	1.00	5.582	98	98
SES Conyngham	Graham Ramsden	M60	A	Experienced	3.3	65	28	55	3.95	7.32	1.02	0.79	1.00	5.660	97	97
SES Conyngham	Jemima Parker	W55	A	Experienced	3.3	65	32	29	3.95	8.22	1.02	0.73	1.00	5.899	96	96
SES Conyngham	June Graham	W60	A	Experienced	3.3	65	36	0	3.95	9.11	1.02	0.66	1.00	5.920	95	95
SES Conyngham	William Hickson	M60	A	Experienced	3.3	65	30	31	3.95	7.73	1.02	0.80	1.00	6.026	94	94
SES Conyngham	Anne Fairbank	W40	A	Experienced	3.3	65	28	19	3.95	7.17	1.02	0.87	1.00	6.090	93	93
SES Conyngham	Pamela Singleton	W65	A	Experienced	3.3	65	38	29	3.95	9.74	1.02	0.65	1.00	6.233	92	92
SES Conyngham	Kerensa Welsby	W60	A	Experienced	3.3	65	36	58	3.95	9.36	1.02	0.70	1.00	6.441	91	91
SES Conyngham	Susan Birtwistle	W65	A	Experienced	3.3	65	42	3	3.95	10.65	1.02	0.62	1.00	6.501	90	90
SES Conyngham	Tim Evans	M60	A	Experienced	3.3	65	39	29	3.95	10.00	1.02	0.79	1.00	7.728	89	89
SES Conyngham	Katie Gray	W60	A	Experienced	3.3	65	46	19	3.95	11.73	1.02	0.70	1.00	8.071	88	88
SES Conyngham	Sophie Shaw	W50	A	Experienced	3.3	65	44	28	3.95	11.26	1.02	0.80	1.00	8.840	87	87
SES Conyngham	Liz Rochester	W50	A	Beginner	2	35	21	52	2.35	9.30	1.00	0.76	1.40	9.961	86	86
SES Conyngham	Thomas Shaw	M14	J	Beginner	2	35	22	0	2.35	9.36	1.00	0.86	1.40	11.234	85	85
SES Conyngham	Toby Rochester	M20	J	Experienced	3.3	65			3.95		1.02	0.99	1.00		75	75
SES Conyngham	David Rochester	M55	A	Organiser											100	100