

CLARO Regional Orienteering Event Sunday 16th November 2026

Venue: Harlow Hill and Birk Crag, Harrogate
Assembly: Girl Guiding North Yorkshire West, Birk Crag centre
Postcode: HG1 2NG **What3Words:** gave.scar.broom **Grid ref:** SE284551
Times: 1000-1200: registration open (pre-entries may go straight to start)
1030-1230: starts
1430: courses close ((you must have returned and downloaded by this time). Anybody finishing after this time will count as having not finished.
Entries: Via RaceSignUp until Sun Nov 9th. After this, subject to map availability and supplement, on RSU until Thu Nov 13th, then at the event on the day only.

Courses - approximate distances (to be confirmed)

Colour	Kms*	Climb	Standard**
Blue	6.5		Long experienced
Green	4.5		Medium experienced
Short Green	3.5		Short experienced
Red	5		Long orange: fitter beginner-intermediate
Orange	3		Adult beginner / junior intermediate
Yellow	2		Junior beginner
White	1.5		Very young beginner

*Distances are measured 'straight line' between controls. Add c 25% for expected running distance.

**For guidance: see Racesignup for more detailed information

Map: 1:5000, 5m contours drawn by Quentin Harding, summer-autumn 2025.

Terrain: Harlow Hill is a fairly flat runnable area with a comprehensive path and track network. Birk Crag is a steep, rugged rocky valley side featuring some complex contour features but also good parallel longitudinal paths. There are some dangerous crags which will be clearly marked on the course map. The two areas are connected by approx. 300m of tarmac side roads.

Facilities: Assembly will house Enquiries, Download. and Toilets. Competitors may leave kit here whilst out in the terrain. Bicycles may be left here at owner's own risk.

Start: in Irongates Field (SE287546, scam.shave.keep), 600m flattish walk from assembly, signed with several road crossings, at least one quite busy; please comply with marshal instructions.

Finish: two finishes. One adjacent to Start for shorter courses, the other in Birk Crag close to Assembly.

Transport: Nearest railway station is Harrogate. 2.5km - 25-30 mins walk, 10 mins cycle. The frequent 36 bus connects Harrogate station to Ripon and Leeds. There is no service more local to event.

Parking: **Do not park in the Assembly car park.** Please use roadside parking along Duchy Rd or Rutland Rd, respecting local access. Please do NOT park in Cornwall Close or Oakdale Mews. You will need to approach Assembly along the footpath on the EAST side of Cornwall Rd, crossing the road at the marshalled road crossing to the grass verge on the other side, taped route from there to the driveway. Please take care crossing the road! This route will also be used in reverse by those going to the start.

Main Officials: Organiser - Richard Kirk ; Planners - Sean Molloy, Kerensa Welsby; Controller -Graham Ramsden. For entries queries, contact the Entries Secretary, Linda Kelly, at entries@claro-orienteeing.org.uk. For other enquiries, contact the organiser on 07871-755311.