



SO! VEGAN

A COLLECTION OF VEGAN DISHES



SMALL PLATES TO SHARE [GREAT AS STARTERS OR HAVE A MIX TO SHARE]

MARINATED OLIVES (gfor) fresh pitted marinated olives served with bread	. £4.50
ROSEMARY ALMONDS (gf) rosemary & sea salt glazed whole almonds	. £3.25
HUMMUS & PITA (gfor), hummus, crispy onions, coriander, with warm pitta, crisp tortilla & chilli oil	. £6.95
INDIAN TATER TOTS (gf), crispy potato, chilli, coriander, pickled onion, yoghurt, spiced ketchup	. £6.95
TEMPEH KATSU SKEWERS (gf) crispy coated tempeh skewers, asian salad, katsu dip	. £6.95
KOREAN MUSHROOM BALLS (gf) crispy coated mushroom tossed in our korean BBQ sauce	. £6.95
VEGAN WINGS (gf) crispy cauliflower florets, tossed in peri peri, mint soy yoghurt, jalapenos	. £8.95
COCONUT CURRY DIP (gf) chickpeas, potato, tempeh, spinach in a rich curry sauce, yoghurt, chilli oil, bread	. £8.50
"DIRTY VEGAN FRIES" (gf) fries tossed in "bacon flavouring", smoked vegan cheese, BBQ, jalapenos	. £7.95

HAND HELDS [ALL SERVED WITH HOUSE FRIES]

CLASSIC DIRTY V BURGER (gfor)....£15.95

BBQ Spicy chickpea patty, smoked vegan cheese, pickles, BBQ, crispy onions, dirty mayo & salad.

THE PARMALATOR (gfor)£15.95

Crispy tempeh patty, vegan bechamel, vegan cheese, marinara sauce, pickled red onion, iceberg and garlic and basil mayo.

LOADED GYROS (gfor).....£13.95

Flatbread filled with houmous, cucumber, pickled and red onion, fried potato, cos, tomato, minted soy yoghurt. served with fries and your choice of crispy tempeh or grilled mushroom.

GET ME TO THE GREEK(gfor).....£9.95

Hummus, crispy tempeh, cos, cucumber, tomato, red onion, mint yoghurt served in a crusty baguette.



PUDS

ICE CREAM & BERRY MESS (gf)...£6.50

a rich soya vanilla ice cream, topped with berries, coulis and crumbled meringue.

ORANGE BROWNIE (nuts, gf).....£6.95

a rich chocolate brownie topped with orange sorbet and served with coulis.

(gf) - GLUTEN FREE, (gfor) - GLUTEN FREE ON REQUEST,
(nuts) CONTAINS NUTS

MAIN PLATES

LEMON & TOM PASTA (gf).....£11.95

Penne pasta tossed with blistered cherry tomato, rustic tomato sauce with lemon & parsley, finished with pea shoots and rape seed oil.

CAESAR MUSHROOM (gf).....£13.95

Roasted mushrooms served on a potato, tomato, red onion and spinach hash with tangy Caesar dressing.

VEGAN PIZZA PARMO (gf).....£16.95

Southern coated cauliflower steak topped with pizza sauce, bechamel, smoked vegan cheese and BBQ. Served with fries & side salad.

CAULIFLOWER SHAKSUKA (gfor).....£15.95

A rich tomato and paprika stew topped with crispy cauliflower, mint yoghurt and herbs. Served with a side salad and flatbread

SALAD BOWLS [ADD A TOPPING OF YOUR CHOICE]

BUDDHA BOWL (nuts, gf).....£11.95

spiced rice, asian salad, spinach, tomato, almonds, pickles, crispy tempeh, chilli jam and lime.

GREEK SALAD (gf).....£11.50

cos, tomato, olives, cucumber, tomato, olives, parsley and green pepper with an oregano and lemon dressing. add feta (not vegan) if you wish.

CAESAR SALAD (gf).....£11.50

crisp cos lettuce tossed with garlic croutons and drizzled in our vegan caesar dressing. If you want parmesan added (not vegan) thats cool just let us know.

ADD YOUR FAVOURITE TOPPING:

BBQ TEMPEH STRIPS or CRISPY CRUMBED MUSHROOM